

HUGHES HEALTH & REHABILITATION

4/30/2017- 5/6/2017

Sun 04/30	Mon 05/01	Tue 05/02	Wed 05/03	Thu 05/04	Fri 05/05	Sat 05/06
Breakfast:Regular						
Scrambled Eggs Fruit Muffin - Margarine	French Toast - Syrup - Margarine Bacon	Baked Omelet Coffee Cake - Margarine	French Toast - Margarine - Syrup Bacon	Pancakes - Margarine - Syrup Sausage Patty	Scrambled Eggs Wheat Toast. - Jelly - Margarine	Waffle - Syrup - Margarine Bacon
Lunch:Regular						
Pot Roast - Brown Gravy Open Face Turkey Sandwich (.exc) - Turkey Gravy. Sliced Carrots Green Beans Boiled New Potatoes Butternut Squash Wheat Dinner Roll/Bread - Margarine Chilled Pears	Oven Fried Chicken Potato Encrusted Fish - Tartar Sauce Whole Kernel Corn (cts) Mixed Vegetables Mashed Potatoes Potato Wedges Wheat Dinner Roll/Bread - Margarine Lemon Pudding	Vegetable Lasagna Lemon Herb Chicken Tossed Salad w/Dressing Spinach Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Pineapple Tidbits	Honey Dijon Chicken BBQ Pork Ribette Zucchini Whole Kernel Corn Rice Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Choc Cake w/ Frosting	Shepherd's Pie Polish Sausage Sliced Carrots Sauteed Pepper/Onion Potatoes Anna Wheat Dinner Roll/Bread - Margarine Tropical Fruit	Baked Stuffed Fish Glazed Baked Ham Stewed Tomatoes Wax Beans Seasoned Rice Baked Sweet Potatoes Wheat Dinner Roll/Bread - Margarine Banana Pudding	Meatloaf w/Ketchup Baked Thyme Chicken Broccoli Florets Green Beans Mashed Potatoes Rice Wheat Dinner Roll/Bread - Margarine Fruit Mix
Dinner:Regular						
Grilled Cheese Sandwich. Egg Salad Sandwich. Italian Veg Blend Tomato & Onion Marinated Salad Yellow Cake w/Frosting	BBQ Pork Sandwich. Meatballs. - Brown Gravy Cauliflower Sliced Carrots Rice Wheat Dinner Roll/Bread - Margarine Chilled Peaches	Beef Stroganoff. Grilled Ham & Cheese Sandwich. Green Peas Green Beans Buttered Noodles Wheat Dinner Roll/Bread - Margarine Chocolate Chip Cookie	Sliced Ham Sandwich. - Mustard Chicken Salad Sandwich. Creamy Coleslaw Tossed Salad w/Dressing Cinnamon Baked Apples	Marinated Pork Loin. Chicken Tenders. - BBQ Dipping Sauce Capri Veg Blend Sliced Carrots Mashed Potatoes French Fries - Ketchup Wheat Dinner Roll/Bread - Margarine Spice Cake	Macaroni & Cheese BBQ Meatballs. Green Peas Green Beans Noodles. Wheat Dinner Roll/Bread - Margarine Chilled Pears	Beef Chili w/Beans. Turkey Diane. Mixed Vegetables Green Peas Mashed Potatoes Cornbread - Margarine Sugar Cookie

HUGHES HEALTH & REHABILITATION

5/07/2017- 5/13/2017

Sun 05/07	Mon 05/08	Tue 05/09	Wed 05/10	Thu 05/11	Fri 05/12	Sat 05/13
Breakfast:Regular						
Scrambled Eggs Fruit Muffin - Margarine	French Toast - Syrup - Margarine Bacon	Baked Omelet Coffee Cake - Margarine	French Toast - Syrup - Margarine Bacon	Pancakes - Margarine - Syrup Sausage Patty	Scrambled Eggs Wheat Toast. - Jelly - Margarine	Waffle - Syrup - Margarine Bacon
Lunch:Regular						
Roast Turkey - Turkey Gravy. Salisbury Steak Butternut Squash Whole Kernel Corn Bread Dressing Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Cinnamon Baked Apples	King Ranch Casserole Potato Encrusted Fish Broccoli Florets Green Peas Red Beans & Rice Noodles. Wheat Dinner Roll/Bread - Margarine Gingerbread Cake w/ Lemon Glaze	Glazed Baked Ham Grilled Chicken Breast Capri Veg Blend Baked Tomato Halves Whipped Sweet Potato Rice Wheat Dinner Roll/Bread - Margarine Chilled Pears	Eggplant Parmesan Country Fried Steak w/ Cream Gravy Tossed Salad w/Dressing Sliced Carrots Spaghetti Noodles. Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Pineapple Tidbits	Beef Stew w/ Vegetables Herbed Chicken Green Peas Boiled New Potatoes Mashed Potatoes Biscuit - Margarine Chilled Peaches	Seasoned Baked Fish BBQ Meatballs Spinach Whole Kernel Corn (cts) Garlic Mashed Potatoes Rice Wheat Dinner Roll/Bread - Margarine Chocolate Brownie	Cheese Manicotti w/ Marinara Sauce Apple Pork Chop Yellow Squash Green Beans Rice Wheat Dinner Roll/Bread - Margarine Chilled Pears
Dinner:Regular						
Tuna Melt Sandwich. Egg Salad Sandwich. Green Beans Tomato & Onion Marinated Salad Chocolate Pudding	Baked Ziti w/ Cheese. Chicken Salad Sandwich. Wax Beans Tossed Salad w/Dressing Wheat Dinner Roll/Bread - Margarine Mandarin Oranges	Turkey Pot Pie. Grilled Cheese Sandwich. Whole Kernel Corn Wheat Dinner Roll/Bread - Margarine Snickerdoodle	Sausage Sub w/Peppers & Onions Turkey Salad Sandwich. Marinated Mixed Veg Salad Green Beans Citrus Gelatin	Chicken Alfredo. Ham & Cheese Sandwich. - Mustard Green Peas Pickled Beet Salad Fettucini Noodles Wheat Dinner Roll/Bread - Margarine Banana Spice Cake	Cheese Pizza. Egg Salad Sandwich. Italian Veg Blend Tossed Salad w/Dressing Tropical Fruit	Franks & Beans. Breaded Chicken Sandwich Creamy Coleslaw Prince Edward Veg Blend Wheat Dinner Roll/Bread - Margarine Oatmeal Raisin Cookie

HHUGHES HEALTH & REHABILITATION

5/14/2017- 5/20/2017

Sun 05/14	Mon 05/15	Tue 05/16	Wed 05/17	Thu 05/18	Fri 05/19	Sat 05/20
Breakfast:Regular						
Scrambled Eggs Fruit Muffin - Margarine	French Toast - Margarine - Syrup Bacon	Baked Omelet Coffee Cake - Margarine	French Toast - Margarine - Syrup Bacon	Pancakes - Syrup - Margarine Sausage Patty	Scrambled Eggs Wheat Toast. - Jelly - Margarine	Waffle - Margarine - Syrup Bacon
Lunch:Regular						
Roast Beef - Brown Gravy Herbed Chicken Sliced Carrots Italian Green Beans Baked Potato - Margarine Rice Wheat Dinner Roll/Bread - Margarine Lemon Cake w/ Lemon Icing	Turkey A La King Salisbury Steak Green Peas Broccoli Florets Noodles. Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Chilled Pears	American Chop Suey Honey Glazed Turkey Broccoli Florets Sliced Carrots Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Tapioca Pudding	Chicken Rice Casserole Stuffed Potato w/ Chili & Cheese Mixed Vegetables Corn O'Brien Wheat Dinner Roll/Bread - Margarine Mandarin Oranges	Pork Loin - Brown Gravy Seasoned Chicken Breast Spinach Prince Edward Veg Blend Candied Sweet Potato Rice Wheat Dinner Roll/Bread - Margarine Yellow Cake w/Frosting	Parmesan Baked Fish Swedish Meatballs Sliced Carrots Zucchini Seasoned Rice Noodles. Wheat Dinner Roll/Bread - Margarine Chilled Peaches	Meatloaf w/Ketchup BBQ Pork Platter Broccoli Florets Green Peas Mashed Potatoes - Margarine Wheat Dinner Roll/Bread - Margarine Dutch Apple Pie
Dinner:Regular						
Baked Stuffed Fish Grilled Ham & Cheese Sandwich. Zucchini Sliced Beets Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Pineapple Tidbits	Ham Sandwich on Rye. - Mustard Chicken Salad Sandwich. Dill Cucumber Salad Tossed Salad w/Dressing Hearty Vegetable Soup - Saltine Crackers Chocolate Chip Cookie	Shredded Pork Sandwich. Baked Fish Whole Kernel Corn Oriental Veg Blend Noodles. Wheat Dinner Roll/Bread - Margarine Chilled Peaches	Open Face Turkey Sandwich (.exc). - Turkey Gravy. Cheese Pizza. California Veg Blend Tossed Salad w/Dressing Mashed Potatoes Chocolate Brownie	Macaroni & Cheese Tuna Salad Sandwich. Stewed Tomatoes Green Beans Wheat Dinner Roll/Bread - Margarine Fruit Mix	Chicken Tenders. - BBQ Dipping Sauce Grilled Cheese Sandwich. Marinated Veg Salad Tossed Salad w/Dressing Potato Salad Canned Tomato Soup - Saltine Crackers Poke Cake	Hot Dog on a Bun - Mustard Turkey Salad Platter. Creamy Coleslaw Baked Beans. Wheat Dinner Roll/Bread - Margarine Sugar Cookie

HUGHES HEALTH & REHABILITATION

5/21/2017- 5/27/2017

Sun 05/21	Mon 05/22	Tue 05/23	Wed 05/24	Thu 05/25	Fri 05/26	Sat 05/27
Breakfast:Regular						
Scrambled Eggs Fruit Muffin - Margarine	French Toast - Syrup - Margarine Bacon	Baked Omelet Coffee Cake - Margarine	French Toast - Margarine - Syrup Bacon	Pancakes - Syrup - Margarine Sausage Patty	Scrambled Eggs Wheat Toast. - Margarine - Jelly	Waffle - Syrup - Margarine Bacon
Lunch:Regular						
Glazed Baked Ham Grilled Chicken Breast Green Beans Cream Style Corn Whipped Sweet Potato Rice Wheat Dinner Roll/Bread - Margarine Pineapple Tidbits	Roast Turkey - Turkey Gravy. Lemon Pepper Fish Butternut Squash Zucchini Mashed Potatoes Noodles. Wheat Dinner Roll/Bread - Margarine Oatmeal Raisin Cookie	Shepherd's Pie Swedish Meatballs Green Peas Capri Veg Blend Noodles. Wheat Dinner Roll/Bread - Margarine Chilled Peaches	Meatballs (w/ Sce) - Spaghetti Sauce Italian Pork Chop Broccoli Florets Green Beans Spaghetti Noodles. Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Apple Cinnamon Cake	Polish Sausage Teriyaki Chicken Braised Cabbage Green Peas Pierogies Rice Wheat Dinner Roll/Bread - Margarine Fruit Mix	Seasoned Baked Fish Cheese Manicotti w/ Marinara Sauce Spinach Zucchini Roasted Red Potatoes Wheat Dinner Roll/Bread - Margarine Starburst Cake	Salisbury Steak Grilled Chicken Breast Sliced Beets Sliced Carrots Scalloped Potatoes Rice Wheat Dinner Roll/Bread - Margarine Tropical Fruit
Dinner:Regular						
Cheeseburger on a Bun. Tuna Salad Sandwich. Lettuce/Tomato/Onion/Pickle Marinated Green Bean Salad Choc Cake w/ Frosting	Sloppy Joe Sandwich. Grilled Ham & Cheese Sandwich. Carrots Wax Beans Chilled Pears	Sausage & Potato Casserole. Egg Salad Sandwich. Mixed Vegetables Tomato & Onion Marinated Salad Wheat Dinner Roll/Bread - Margarine Vanilla Pudding	Deli Sandwich. Baked Herb Fish Marinated Bean Salad Sliced Carrots Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Lentil Soup - Saltine Crackers Mandarin Oranges	Tuna Salad Sandwich. Grilled Cheese Sandwich. Dill Cucumber Salad Tossed Salad w/Dressing Canned Tomato Soup - Saltine Crackers Pumpkin Pie	Ham Salad Sandwich. Breaded Chicken Sandwich Country Style Tomatoes Green Beans Pineapple Tidbits	Turkey Pot Pie. BBQ Meatballs. Green Peas Whole Kernel Corn Noodles. Wheat Dinner Roll/Bread - Margarine Peanut Butter Cookie

HUGHES HEALTH & REHABILITATION

5/28/2017- 6/03/2017

Sun 05/28	Mon 05/29	Tue 05/30	Wed 05/31	Thu 06/01	Fri 06/02	Sat 06/03
Breakfast:Regular						
Scrambled Eggs Fruit Muffin - Margarine	French Toast - Syrup - Margarine Bacon	Baked Omelet Coffee Cake - Margarine	French Toast - Margarine - Syrup Bacon	Pancakes - Margarine - Syrup Sausage Patty	Scrambled Eggs Wheat Toast. - Jelly - Margarine	Waffle - Syrup - Margarine Bacon
Lunch:Regular						
Pot Roast - Brown Gravy Open Face Turkey Sandwich (.exc) - Turkey Gravy. Sliced Carrots Green Beans Boiled New Potatoes Butternut Squash Wheat Dinner Roll/Bread - Margarine Chilled Pears	Oven Fried Chicken Potato Encrusted Fish - Tartar Sauce Whole Kernel Corn (cts) Mixed Vegetables Mashed Potatoes Potato Wedges Wheat Dinner Roll/Bread - Margarine Lemon Pudding	Vegetable Lasagna Lemon Herb Chicken Tossed Salad w/Dressing Spinach Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Pineapple Tidbits	Honey Dijon Chicken BBQ Pork Ribette Zucchini Whole Kernel Corn Rice Mashed Potatoes Wheat Dinner Roll/Bread - Margarine Choc Cake w/ Frosting	Shepherd's Pie Polish Sausage Sliced Carrots Sauteed Pepper/Onion Potatoes Anna Wheat Dinner Roll/Bread - Margarine Tropical Fruit	Baked Stuffed Fish Glazed Baked Ham Stewed Tomatoes Wax Beans Seasoned Rice Baked Sweet Potatoes Wheat Dinner Roll/Bread - Margarine Banana Pudding	Meatloaf w/Ketchup Baked Thyme Chicken Broccoli Florets Green Beans Mashed Potatoes Rice Wheat Dinner Roll/Bread - Margarine Fruit Mix
Dinner:Regular						
Grilled Cheese Sandwich. Egg Salad Sandwich. Italian Veg Blend Tomato & Onion Marinated Salad Yellow Cake w/Frosting	BBQ Pork Sandwich. Meatballs. - Brown Gravy Cauliflower Sliced Carrots Rice Wheat Dinner Roll/Bread - Margarine Chilled Peaches	Beef Stroganoff. Grilled Ham & Cheese Sandwich. Green Peas Green Beans Buttered Noodles Wheat Dinner Roll/Bread - Margarine Chocolate Chip Cookie	Sliced Ham Sandwich. - Mustard Chicken Salad Sandwich. Creamy Coleslaw Tossed Salad w/Dressing Cinnamon Baked Apples	Marinated Pork Loin. Chicken Tenders. - BBQ Dipping Sauce Capri Veg Blend Sliced Carrots Mashed Potatoes French Fries - Ketchup Wheat Dinner Roll/Bread - Margarine Spice Cake	Macaroni & Cheese BBQ Meatballs. Green Peas Green Beans Noodles. Wheat Dinner Roll/Bread - Margarine Chilled Pears	Beef Chili w/Beans. Turkey Diane. Mixed Vegetables Green Peas Mashed Potatoes Cornbread - Margarine Sugar Cookie