

Hughes Health and Rehabilitation

3/26/18-4/1/18

2	Mon	Tue	Wed	Thu	Fri	Sat	Sun
B R E A K F A S T	Orange Juice Oatmeal Belgian Waffle Sausage Patty	Orange Juice Farina Cheesy Scrambled Eggs Hashbrowns w/Onion Wheat Toast ----- Pancake	Orange Juice Oatmeal Texas French Toast Bacon Strips ----- Fried Egg White Toast	Orange Juice Cream of Rice Scrambled Eggs Honey Wheat English Muffin	Orange Juice Farina Pancake	Orange Juice Oatmeal Scrambled Eggs	Orange Juice Grits Cheesy Omelet Hashbrowns w/Onion Wheat Toast
L U N C H	Roast Turkey Whipped Potatoes Seasoned Green Beans Chilled Pears ----- Meatloaf Beef	Orange Glazed Pork Roast Scalloped Potatoes Buttered Carrots Chilled Peaches ----- Cheesy Ziti Bake Parmesan Breadstick	Chicken Marsala Orzo Sautéed Zucchini & Yellow Squash Poke Cake ----- Cheese Pizza	Beef Stew Fresh Biscuit Apple Pie ----- Macaroni & Cheese	Baked Pollock Parslied Potatoes Fresh Steamed Broccoli Wheat Roll Pineapple Upside-Down Cake ----- Roast Pork Loin	Turkey Noodle Casserole Seasoned Spinach Mandarin Oranges ----- Salisbury Steak	Chicken a L'Orange Rice White Steamed Fresh Zucchini Wheat Roll Vanilla Ice Cream ----- Hot Dog on Bun
D I N N E R	Homemade Tomato Rice Soup Saltine Crackers Ham & American Cheese Melt Garden Pasta Salad Homemade Brownie Whole Milk ----- Chicken Caesar Salad/Dressing	Sloppy Joe on Bun Fresh Steamed Broccoli Vanilla Mousse ----- Tilapia Piccata	Stuffed Shells w/ Marinara Sauce Steamed Green Peas Chilled Pineapple ----- Shepherd's Pie	Saltine Crackers Egg Salad on Pumpnickel Pasta Fagioli Carrot Raisin Salad Frosted Spice Cake ----- Corn Flake Oven Fried Chicken	Saltine Crackers Split Pea Soup Chicken Salad Croissant Harvard Beets Cinnamon Applesauce ----- Cheese Ravioli w/Marinara	Pierogis w/Onion Kielbasa Sausage Sautéed Cabbage Deluxe Chocolate Cake ----- Tuna Melt Sandwich on Wheat	Baked Glazed Ham Pineapple Chutney Mashed Potatoes Peas & Carrots-Seasoned Wheat Roll Cannoli Cream Bread Pudding

Hughes Health and Rehabilitation

4/2/18-4/8/18

3	Mon	Tue	Wed	Thu	Fri	Sat	Sun
B R E A K F A S T	Orange Juice Oatmeal Ham & Cheese Omelet Wheat Toast	Orange Juice Farina Egg & Cheese on English Muffin Home Fries	Orange Juice Oatmeal Pancake Bacon Strips	Orange Juice Cream of Rice Belgian Waffle	Orange Juice Farina Vanilla Texas French Toast	Orange Juice Oatmeal Cheesy Scrambled Eggs Hashbrowns w/Onion Wheat Toast	Orange Juice Grits Scrambled Eggs Wheat Toast
L U N C H	Breaded Pork Chop Scalloped Potatoes Buttered Carrots Yellow Cake/Choc Icing ----- Shepherd's Pie	Garlic Oregano Chicken Herbed Rice Roasted Zucchini & Tomatoes Vanilla Ice Cream ----- Cheesy Ziti Bake	Turkey Pot Pie Fresh Biscuit Fresh Steamed Cauliflower Ginger Pear Cake ----- Butternut Squash Mac & Cheese	Meatloaf Beef Whipped Potatoes Mexican Corn Chocolate Pudding ----- Veggie Gratin Frittata	Flake Crunchy Baked Fish Rice Pilaf Peas & Carrots- Seasoned Lemon Pudding Cake ----- Hamburger on a Bun	Citrus Glazed Chicken Scalloped Potatoes Buttered Carrots Fresh Fruit Cup ----- Roast Pork Loin	Spaghetti & Meatballs Chopped Spinach Parmesan Breadstick Orange Sherbet ----- Crunchy Baked Fish
D I N N E R	Turkey Salad on Bun Lentil Soup Three Bean Salad Chilled Pears ----- Chef Salad	Creamy Vegetarian Lasagna Seasoned Green Peas Parmesan Breadstick Chilled Peaches ----- Turkey & Swiss Melt On White	Italian Meatball Sub Macaroni Salad Soft Chilled Pineapple ----- Turkey Rice Casserole	Turkey & Swiss Melt on White French Fried Potatoes Cole Slaw Chilled Applesauce ----- Cheese Pizza	Hot Dog on Bun Homestyle Baked Beans Marinated Cucumbers Mandarin Oranges ----- Oven Fried Chicken Tenders	Chicken Broccoli & Penne Alfredo Lettuce & Tomato Salad Brownie ----- Chunky Beef Chili Cornbread	Chicken & Dumplings Steamed Fresh Green Beans Carrot Cake ----- BBQ Pork on Bun

Hughes Health and Rehabilitation

4/9/18-4/15/18

4	Mon	Tue	Wed	Thu	Fri	Sat	Sun
B R E A K F A S T	Orange Juice Oatmeal Baked Waffle Sausage Links	Orange Juice Farina Scrambled Eggs Home Fries Wheat Toast ----- Texas French Toast	Orange Juice Oatmeal Omelet Potato Vegetable Wheat Toast	Orange Juice Cream of Rice French Toast ----- Banana Bread	Orange Juice Cinnamon Oatmeal Bacon Strips Pancake	Orange Juice Oatmeal Spanish Scramble Wheat Toast	Orange Juice Grits Cheese Scrambled Eggs Raisin Toast Home Fries
L U N C H	Beef Pot Roast Mashed Potatoes Steamed Corn Chilled Pears ----- Bowties w/Sausage & Tomatoes	Roast Turkey Buttered Carrots Parslied Potatoes Blueberry Buckle ----- Ginger Roast Pork	Herb Baked Chicken Herbed Orzo Pasta Roasted Butternut Squash Angel Cake/ Strawberries ----- Dilled Pollock	Mustard Crusted Pork Loin Roasted Red Potatoes Peas & Carrots- Seasoned Apple Crisp ----- Alfredo Cheese Tortellini	Flake Crunchy Baked Fish Herb Buttered Egg Noodles Buttered Carrots Frosted Spice Cake ----- Beef Burgundy	Turkey Tetrazzini Harvard Beets Wheat Roll Mandarin Oranges ----- Polish Sausage on Bun	Hamburger Macaroni Casserole Steamed Fresh Zucchini Parmesan Breadstick Chilled Peaches ----- Liver & Onions
D I N N E R	Cream of Vegetable Soup Saltine Crackers Chicken Salad Sandwich on Wheat Potato Salad Chocolate Mousse ----- Hot Dog on Bun	Macaroni & Cheese Parmesan Breadstick Fresh Steamed Broccoli Spiced Peaches ----- Salisbury Steak	Potato Soup Saltine Crackers Quiche Lorraine Steamed Fresh Green Beans Cinnamon Bananas ----- Turkey & Swiss Melt on White	Shepherd's Pie Steamed Fresh Yellow Squash Chilled Pears ----- Pulled Chicken BBQ on Bun	Cheeseburger on Bun Creamy Coleslaw Baked Beans Fresh Fruit Cup ----- Cod Cakes	Pasta Fagioli Saltine Crackers Cheese Pizza Mediterranean Roasted Vegetables Chocolate Chip Cookies ----- Chef Salad	Oven Fried Chicken Tenders Potato Tots Corn O'Brien Brownie ----- Tuna Melt Sandwich on Wheat

Hughes Health and Rehabilitation

4/16/18-4/22/18

1	Mon	Tue	Wed	Thu	Fri	Sat	Sun
B R E A K F A S T	Orange Juice Oatmeal Bacon Strips French Toast	Orange Juice Farina Egg and Cheese on English Muffin	Orange Juice Oatmeal Potato Breakfast Casserole Wheat Toast	Orange Juice Cream of Rice Cheese Scrambled Eggs Blueberry Pancake	Orange Juice Farina Baked Waffle Sausage Links	Orange Juice Oatmeal Cheese Omelet Hashbrowns w/Onion	Orange Juice Grits Cheesy Omelet Biscuit & Sawmill Gravy Scrambled Eggs
L U N C H	Grilled Pork Tips Macaroni & Cheese Seasoned Spinach Cornbread Blueberry Crisp ----- Liver & Onion	Grilled Peach Chicken Breast Herbed Couscous Sauteed Zucchini Ambrosia Soft ----- Polish Sausage	Turkey Pot Roast Mashed Potatoes Baby Lima Beans Fresh Biscuit Peaches & Cream ----- Herb Crusted Cod	Honey Glazed Chicken Thighs Herbed Rice Orange Ginger Carrots Brownie ----- Spinach Stuffed Pork Loin	Tilapia Vera Cruz Buttered Wide Egg Noodles Fresh Steamed Broccoli Sherbet ----- Cheese Pizza	Penne Pasta with Meat Sauce Cauliflower & Red Peppers Parmesan Breadstick Vanilla Ice Cream ----- Vegetarian Chili	Garlic Oregano Chicken Roasted Red Potatoes Seasoned Green Peas Chocolate Mousse ----- Crustless Broccoli and Cheese Quiche
D I N N E R	Saltine Crackers Homemade Garden Veg Soup Ham Salad on Croissant Broccoli Raisin Salad Red Gelatin ----- Cheeseburger on Bun	Cheese Quesadilla Spanish Rice Mexican Corn Vanilla Ice Cream ----- Tuna Melt Sandwich on Wheat	Macaroni & Cheese Fresh String Beans Banana Pineapple Dessert ----- Chef Salad	Saltine Crackers Minestrone Soup Hmd Seafood Salad Wrap Cinnamon Applesauce ----- Oven Fried Chicken Tenders Cole Slaw	Turkey Burger on Bun Tater Tots Harvard Beets Chilled Pineapple ----- Hot Dog on Bun	Ham & Swiss Melt Three Bean Salad Chocolate Chip Cookies ----- Fruit & Cottage Cheese Plate	Shredded BBQ Beef Sandwich Roasted Vegetable Pasta Salad Seasoned Whole Kernel Corn Chilled Pears ----- Macaroni & Cheese

Hughes Health and Rehabilitation

4/23/18-4/29/18

2	Mon	Tue	Wed	Thu	Fri	Sat	Sun
B R E A K F A S T	Orange Juice Oatmeal Cheesy Scrambled Eggs Raisin Toast	Orange Juice Farina Denver Omelet Hashbrowns w/Onion Wheat Toast	Orange Juice Oatmeal Chocolate Chip Pancake Bacon Strips	Orange Juice Cream of Rice Vanilla Texas French Toast	Orange Juice Farina Yogurt & Strawberries Cheesy Scrambled Eggs Croissant	Orange Juice Oatmeal Baked Waffle Sausage Links	Orange Juice Grits Spanish Scramble Home Fries Wheat Toast
L U N C H	Beef & Cabbage Bake Seasoned Green Peas Wheat Roll Fresh Fruit Cup ----- Cheese Pizza	Chicken Pineapple Teriyaki Rice White Sesame Carrots Peach Crisp ----- Mustard Crusted Pork Loin	Herb Crusted Cod Herbed Couscous Seasoned Spinach Homemade Ice Cream Sandwich ----- Turkey Dijonaise	Honey Apple Pork Loin Herb Buttered Egg Noodles Oven-Roasted Brussels Sprouts Strawberry Shortcake ----- Cheese Ravioli w/Marinara	Italian Roast Turkey Whipped Potatoes Steamed Fresh Yellow Squash Chilled Pears ----- Baked Tilapia	Rigatoni Alfredo Steamed Fresh Zucchini Parmesan Breadstick Rocky Road Brownie ----- Beef Burgundy	Lemon Chicken Herbed Orzo Pasta Steamed Corn Orange Sherbet ----- Italian Ziti Bake
D I N N E R	Homemade Barley Chunky Vegetable Soup Chicken Salad on Bun Potato Salad Spiced Peaches ----- Cheeseburger on Whole Wheat Bun	Taco Beef Seasoned Mixed Corn Vegetable Shredded Lettuce Fresh Salsa Cheese Blend Soft Taco Shells Chocolate Ice Cream ----- Ham & Swiss Melt	Saltine Crackers Chicken Noodle Soup Egg Salad on Wheat Carrot Raisin Salad Vanilla Mousse ----- Tuna Melt Sandwich on White	Beef Patty Melt Potato Tots Creamy Coleslaw Chilled Pineapple ----- Grilled Cheese & Tomato	Chicken Caesar Wrap Fresh Baked Sweet Potato Fries Chocolate Pudding ----- Turkey & Swiss Melt on Wheat	Hot Dog on Bun Homestyle Baked Beans Carrot & Pineapple Salad Chocolate Chip Cookies ----- Chef Salad	BBQ Pork on Bun Creamy Pasta Salad Rotini Marinated Cucumbers Citrus Gelatin ----- Chicken Caesar Salad/Dressing