












HUGHES ACTIVITIES September 2019

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
1 10:00 St. John's Episcopal Service (F)  2:00 Music BINGO (F)	2 10:00 History of Labor Day (F) 10:30 Back to School Trivia (F) 2:00 Movie Matinee: Working 9 to 5 (F)	3 10:00 Aroma Therapy and September Poems (F)  2:00 BINGO (F) 2:00 Rosary (B)	4 10:00 St John's Church (F) 10:00 Communion (All Units) 10:30 Sensory Hands (B) 2:00 Resident Council (F) 3:30 Table Ball (B)	5 10:00 Exercise Shuffle (F) 10:30 The Guide Post (F) 10:30 Sensory Hands (B) 2:00 BINGO (F) 2:45 Music Appreciation (B) 3:30 Men's Group Getting to Know You (F)	6 10:00 Church Service with Byan (F) 10:30 Aroma therapy & Music (B) 2:00 Entertainment with Nick & Nancy (F) 3:15 Table Ball (B)	7 10:00 Bowling (F) 2:00 Guess the Profession (F)
8 10:00 St. John's Episcopal Service (F)  2:00 Are You Smarter Than a 5 th Grader(F) 3:30 Movie Matinee (F)	9 10:00 Coffee Social (F) 10:30 Beach Ball Trivia (F) 10:30 Music appreciation (B) 2:00 BINGO (F) 3:30 Aroma Therapy (All Units)	10 10:00 Chair Dancing (F) 10:30 The Guide Post (F) 10:15 Sensory Hands (B) 2:00 Rosary (B) 2:00 Famous People Born in September (F) 2:30 Table Ball (B)	11 10:00 School Days and Summer Travels (F) 10:00 Communion (All Units) 10:15 Move to the Music (B) 2:00 Short Stories (F) 2:45 Name That Song (B) 3:15 Pet Therapy (All Units)	12 10:00 Music & Motion (F) 10:30 Daily News (F) 10:15 Puzzle Time (B) 2:00 BINGO (F) 2:30 All About the Colors (B) 3:30 Women's Group (F)	13 10:00 Mindful Meditation / Aroma Therapy (F) 10:15 Sing-a-Long (B) 2:00 Happy Friday with Ashley Cruz (F)	14 10:00 September Trivia (F) 10:30 Mind Stretcher (F) 2:00 7 th Day Adventist (F)
15 10:00 St. John's Episcopal Service (F)  2:00 Sing-a-Long (F) 3:30 Movie Matinee (F)	16 10:00 Coffee Social (F) 10:30 Weird Things in History (F) 10:30 Table Ball (B) 2:00 BINGO (F)  3:30 Music Shuffle (B)	17 10:00 September Poetry (F) 10:30 Pirate Trivia (F) 10:15 Sing-a-Long (B) 2:00 It's on the Tip of the Tongue (F) 2:00 Rosary (B) 2:30 Sensory Stimulation (B)	18 10:00 Strolling Music with Dan (All Units) 10:00 Catholic Mass (F) 10:00 Bedside Communion 2:00 Horticulture Class (F) 2:30 Table Ball (B) 3:15 Pet Therapy (All Units)	19 10:00 Manicures (F) 10:15 Sensory Hands (B) 10:30 Memory Game (N) 2:00 BINGO (F) 2:45 Beach Ball Trivia (B) 3:30 Men's Group (F) 6:30 Bible study (F)	20 10:00 Mindful Meditation / Aroma Therapy (F) 10:15 Sensory Hands (B) 10:30 Music Appreciation (N) 2:00 Happy Friday "Ice Cream Social" (F) 3:30 Sing-a-Long (N) 3:30 Music Appreciation (B)	21 10:00 Morning Stretch (F) 10:30 Word Games (F)  2:00 Pokeno (F)
22 10:00 St. John's Episcopal Service (F)  2:00 The Good Old Days (F) 3:00 Movie Matinee (F)	23 10:00 Strolling Music with Dan (All Units) 10:00 Coffee Social (F) 10:30 Manicures (F) 2:00 BINGO (F)  3:30 Java Club (F)	24 10:00 Musical Sing-a-Long / Aroma Therapy (F) 2:00 The Colors of Fall (F) 2:00 Rosary (B) 3:30 Music Appreciation (B) 4:00 Painting with Brian (F)	25 10:00 School Days & Car Trips (F) 2:00 Bowling (F) 2:45 Music and Movement (B) 3:15 Pet Therapy (All Units)	26 10:00 Rosh Hashanah with Cantor Cohn (F) 10:30 Name That Sound (N) 2:00 BINGO  3:30 Music & Memory (B) 3:30 Aroma Therapy (N&F)	27 10:00 Fitness Fun (F) 10:30 Number Game (F) 10:30 Music and Memory (N) 10:30 Table Pall (B) 2:00 Birthday Party with" T-Bone! (F) 	28 10:00 Current Events (F) 10:30 Reminisce (F) 2:00 BINGO (F)
29 10:00 St. John's Episcopal Service (F)  2:00 Trivia (F)	30 10:00 Kick Ball (F) 10:30 Spelling Bee (F) 10:30 Sing-a-Long (B) 10:30 Music & Movement (N) 2:00 BINGO (F) 3:30 Java Club (F) 3:30 Music Appreciation (N)				KEY TO PROGRAMS F = Family Room B = Bamboo Room N= North Unit <u>All programs are subject to change!</u>	RESIDENT COUNCIL Wednesday, September 4 th at 2:00P.M. In the Family Room All Residents Welcome!! <u>MAIL DELIVERY</u> MONDAY – SATURDAY